

# :DentalPlans.com Join. Save. Smile.

Plan Guide



















# **Program Summary**

:DP CompleteCare provides members with discounts of 15% to 50% per visit\* on dental procedures with the **Aetna Dental Access**® network; 24/7 access to doctors, through Teladoc, who can diagnose and treat typical health conditions via phone; and a bundle of other first-class services.

#### **Plan Benefits**

- In most instances, save 15 to 50% per visit\* on everything from general dentistry and cleanings to root canals, crowns and orthodontia using the Aetna Dental Access® network
- Save on specialty care such as orthodontics and periodontics where available
- Includes Telehealth, Medical Bill Saver<sup>™</sup> and 4 additional savings programs to keep members healthy and happy
- Save all year long with no annual limits
- Dental practice locations available nationwide
- Save on routine dental services such as x-rays and fillings
- Skip a trip to the emergency room or urgent care clinic, and connect directly with a doctor via phone, the internet or a smartphone app

#### **Dental Benefits Included in this Plan**



Basic/Preventative Savings on checkups, X-rays, cleanings & more



Restorative
Savings on fillings, root canals,
crowns & more



Orthodontics
Savings on procedures
such as braces



Cosmetic Savings on bleaching, veneers & more



Dentures/Implants Savings on dentures, bridges supporting crowns & more



Oral Surgery
Savings on oral procedures
such as extractions & more

# Individual Sample Savings in 33324

Procedure	Usual Fee <sup>1</sup>	Discounted Fee²	Member Savings
2 Routine 6 Month Check-Up	\$150	\$54	\$96
2 Adult Teeth Cleanings	\$212	\$110	\$102
1 Full Mouth X-Rays	\$150	\$77	\$73
Root Canal (Molar)	\$1,325	\$743	\$582
	\$853		

# Family of 4 Sample Savings in 33324

Procedure	Usual Fee <sup>1</sup>	Discounted Fee²	Member Savings
8 Routine 6 mo. Check-Ups	\$600	\$216	\$384
4 Adult Teeth Cleaning	\$424	\$220	\$204
4 Child Teeth Cleanings	\$340	\$160	\$180
4 Full Mouth X-Rays	\$600	\$308	\$292
Root Canal (Molar)	\$1,325	\$743	\$582
Total Savings			\$1,642

# **How to Access Dental Savings**

# Step 1

Join the :DP CompleteCare Plan.

# Step 2

Once you become a member, find a participating dental provider and make your dental appointment. Be sure to login to your member's area to select your dentist in order to maximize your experience at the dentist, and view your expected savings at the dentist.

# Step 3

Show your Membership ID card at each visit to ensure you receive your pre-negotiated discounts on procedures.

Remember that your dental savings plan is not insurance. Savings plans work differently than traditional insurance. Rather than waiting for reimbursements, you pay your provider directly for services – and you save immediately!

# Teladoc

Included in :DP CompleteCare is 24/7/365 access to a doctor online or by phone through Teladoc.

# gh Telado

- 24/7/365 access to a doctor online or by phone
- Fast treatment. Teladoc doctors respond within 10 minutes, on average
- Talk to a Teladoc doctor from anywhere: at home, work, or while traveling
- Save money by avoiding expensive urgent care or ER visits

#### Call Teladoc

· When you need care now

**Teladoc Highlights** 

- If you're considering the ER or urgent care center for non-emergency issues
- · On vacation, on a business trip, or away from home
- · For short-term prescription refills
- · Teladoc consultations are free

#### **Treat Conditions Like**

- · Cold and flu
- Bronchitis and Respiratory infection
- · Sinus problems
- Allergies
- Urinary tract infection
- Pediatric care
- Poison ivy
- Pink eye

# How to Use Your Teladoc Benefit

Once you become a member you will have access to a nationwide network of U.S. licensed physicians for consultations via telephone and online video.

# NurseLine™

Included in :DP CompleteCare is 24/7/365 access to registered nurses who can answer questions and provide health and medical information over the phone – get information about symptoms, medical terms, procedures, diseases, treatment options and medications.



# **eDocAmerica**

Included in :DP CompleteCare is a an online program through eDocAmerica which provides access to confidential, online, personal interaction with licensed, board-certified physicians, psychologists, dentist and pharmacists.



# **Highlights**

- Confidential, online, personal interaction with licensed, board-certified physicians, psychologists, dentists and pharmacists
- Information about illnesses or symptoms
- · Assessment of acute symptoms and overall health care
- · Provision of a personalized health care plan
- · Guidance on treatment for minor illnesses (pink eye, poison ivy, etc.)
- Links to other quality health care resources, including a 3D Health Encyclopedia
- · Nutritional and fitness advice

#### **How to Use These Benefits**

Once you become a member you will granted online access to the benefits above.

# MyEWellness

MyEWellness is an online health and wellness resource designed to help make wellness a part of your daily life. Whether you are looking to lose weight, get stronger or simply feel better, MyEWellness offers the tools you need.



# **Highlights**

- Personalized web-based workouts with animations
- Daily health tips on nutrition, weight loss, exercise and disease prevention
- Over 4,500 current health related articles with daily feeds
- Self-help health and wellness calculators
- · Unlimited use of health risk assessments

# Health Advocacy

:DP CompleteCare includes Health Advocacy, which can provide support in resolving complicated medical questions and issues, including help with insurance claims, Medicare and other government insurance programs, finding "best in class" medical services,



researching current treatment options, making arrangements for inhome services after hospital discharge, finding elder care options, and more. Experienced advisors help members navigate the healthcare and insurance systems by providing information on:

# Highlights

- Finding the best doctors, hospitals and other providers
- Resolving insurance claims and billing issues
- Locating and researching current treatments for a medical condition
- Explaining tests, treatment and medications

# Medical Bill Saver™

Included in :DP CompleteCare is Medical Bill Saver, which provides access to experts who know the insand-outs of medical billing practices, including the ability to negotiate discounts on your behalf:



# **Highlights**

- Negotiations can lead to a reduction in your out-of-pocket costs
- Once an agreement is made, the provider signs off on payment terms and conditions
- You'll receive an easy-to-read personal Savings Results Statement, summarizing the outcome and payment terms

# **How to Use These Benefits**

Once you become a member you will granted online access to all of the benefits on this page.

#### :DP CompleteCare Program Disclaimer

You will receive your effective date in the online membership materials received within 24 hours. This Plan Is NOT Insurance. The Plan Is Not Insurance Coverage And Does Not Meet The Minimum Creditable Coverage Requirements Under The Affordable Care Act Or Massachusetts M.G.L. C. 111M And 956 CMR 5.00. This Plan Provides Discounts At Certain Healthcare Providers For Medical Services. This Plan Does Not Make Payments Directly To The Providers Of Medical Services. The Plan Member Is Obligated To Pay For All Healthcare Services But Will Receive A Discount From Those Healthcare Providers Who Have Contracted With The Discount Plan Organization. This Discount Card Program Contains A 30 Day Cancellation Period. The Range Of Discounts For Medical Or Ancillary Services Provided Under The Plan Will Vary Depending On The Type Of Provider And Medical Or Ancillary Service Received. Member Shall Receive A Full Refund Of Membership Fees, Excluding Registration Fee, If Membership Is Cancelled Within The First 30 Days After The Effective Date. AR And TN Residents: A Refund Of All Fees Will Be Issued If Membership Is Canceled Within The First 30 Days. MD Residents: The Membership Fee And One-Time Registration Fee (Minus \$5.00) Will Be Refunded If Canceled Within The First 30 Days And Upon Return Of The Discount Card. Discount Medical Plan Organization: New Benefits, Ltd., Attn: Compliance Department, PO Box 671309, Dallas, TX 75367-1309, 800-800-7616. Website To Obtain Participating Providers: DentalPlans. com Not Available To VT Or WA Residents.

#### Teladoc Disclaimer

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#### Dental Fee Schedule

This fee schedule is only to be used as a guide to determine approximate prices for dental services in the applicable area. The discounted fee schedule amount reflects the average fee information currently available on our systems. Individual dentist fee schedules may differ. Aetna makes no guarantee as to the accuracy of any particular fee amount.

<sup>1</sup>The ["Usual Fee"] is determined by DentalPlans.com, Inc., using benchmark data from FAIR Health, Inc. FAIR Health data is used under license. Fees may reflect combined fees from several different procedures into one procedure and may not be directly comparable to a specific benchmark in FAIR Health Data. Actual fees charged by your provider may vary for a variety of reasons

<sup>2</sup>Discounted fees are listed for visits to a participating general dentist. Members will be charged the provider's Aetna Dental Access® contracted fees. Charges may vary from the sample fee schedule above. Consult with your provider prior to beginning any treatment. Lab fees are included. This plan is based geographically by ZIP code in terms of provider participation and location. Fee schedules and savings may vary by ZIP code and by Provider within a ZIP code.